Social Identity Groups

Social identity groups are based on the physical, social, and mental characteristics of individuals. They are sometimes obvious and clear, sometimes not obvious and unclear, often self claimed and frequently ascribed by others. For example, racial groupings are often ascribed as well as selfclaimed. Government, schools, and employers often ask an individual to claim a racial identity group or simply ascribe one to an individual based on visual perception. Other social identities are personally claimed but not often announced or easily visually ascribed such as sexual orientation, religion, or disability status.

For the purpose of this self-examination please identify the memberships you claim or those ascribed to you. Below are examples of social identity groupings. Since issues of social identity often are the basis of much social conflict, it is reasonable to expect that even the terms we use to describe them may cause disagreement. So feel free to use your own preferred terms for the material below.

Examples

(Feel free to use your own language for your identities.)

Gender

Woman, Man, Transgender, Post-Gender

Sex

Intersex, Female, Male

Race

Asian Pacific Islander, Native American, Latin@, Black, White,

Bi/Multiracial

Ethnicity

Irish, Chinese, Puerto Rican, Italian, Mohawk, Jewish, Guatemalan,

Lebanese, European-American

Sexual Orientation/

Lesbian, Gay, Bisexual, Pan-Attractional, Heterosexual, Queer,

Attractionality, Questioning

Religion/Spirituality

Hindu, Muslim, Buddhist, Jewish, Christian, Pagan, Agnostic,

Faith/Meaning, Atheist, Secular Humanist

Social Class

Poor, Working Class, Lower-Middle Class, Upper-Middle Class,

Owning Class, Ruling Class

Age

Child, Young Adult, Middle-Age Adult, Senior

(Dis)Ability

People with disabilities (cognitive, physical, emotional, etc.),

Temporarily able-bodied, Temporarily disabled

Nation(s) of Origin and/or Citizenship

United States, Nigeria, Korea, Turkey, Argentina

Tribal or Indigenous

Mohawk, Aboriginal, Navajo, Santal

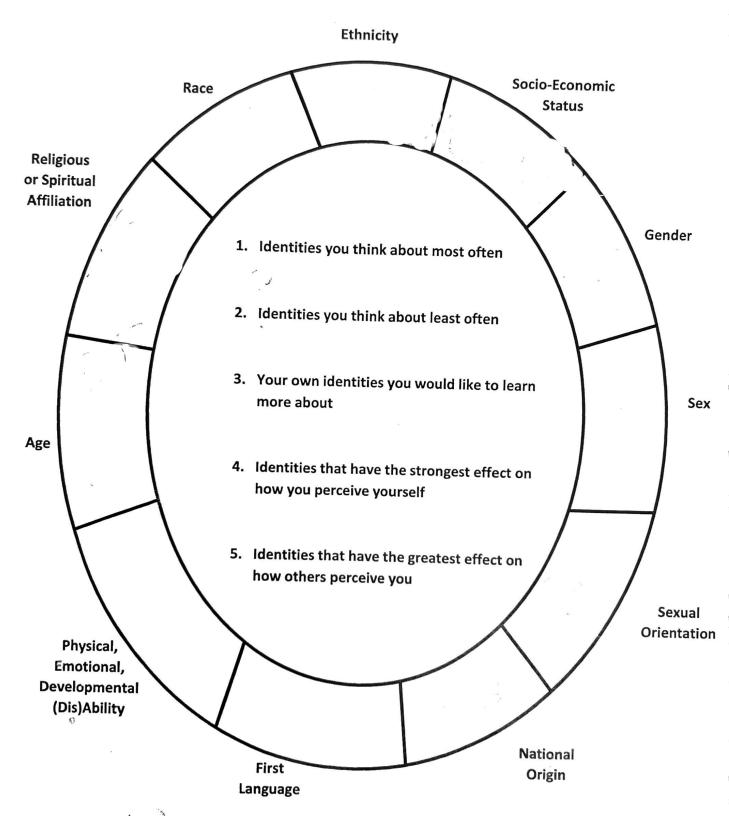
Affiliation

Body Size/ Type

Fat, Person of Size, Thin

Marginalized Group: social identity groups that are disenfranchised and exploited Privileged Group: social identity groups that hold unearned privileged in society

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